OriginElle
Fertility Clinic & Women's Health Centre

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AGRÉÉ

PREPARING YOUR INSEMINATION (IUI)

Patient's name: _____

❖ **Date** (two days before your insemination) : _____ / _____ / _____
dd mm yyyy

- Stop taking your hormones such as Gonal F, Puregon, Menopur, Repronex, Luveris, etc.
- Avoid sexual intercourse 2 days prior your insemination.
- Make sure to have your injection:

☐	Ovidrel	250 ug	• Only once. • The time will be determined by a nurse. Time: _____
☐	hCG	10 000 IU	• Only once. • The time will be determined by a nurse. Time: _____

❖ **Date** (the day before your insemination) : _____ / _____ / _____
dd mm yyyy

- No injections to do at this time.

❖ **Date** (the day of your insemination) : _____ / _____ / _____ Time: _____
dd mm yyyy

- Plan to arrive at the clinic one hour before your scheduled insemination time.
- Your partner will be asked to provide his semen specimen upon arrival. It will take about 45 to 90 minutes to prepare semen specimen for your insemination.
- Once the insemination is completed, you may leave immediately, you don't need to rest or lie down.
- Please make an appointment for a pregnancy blood test to be performed on the 16th day after your insemination.